



Summer Stillness

A Day Retreat with Brian Draper

at **THE WIGWAM RETREAT CENTRE**
RIDDLESWORTH, NORFOLK IP22 2SZ
Wednesday 24 May 2017

www.briandraper.org

Wednesday 24 May, 10.00am to 4.00pm

Cost: £28 (concessions available to those on a low income)

Guided by Brian Draper

Summer is a time for restoration; an opportunity to give ourselves permission to pause, to relax, and to let life settle.

In this gentle yet purposeful retreat, Brian Draper will lead us into some much needed space – and there we'll make time to be still, to regain perspective, and to come back up for air. We'll get outside as much as we can, too, to enjoy the season's light and warmth, to reconnect with God, and to walk the Wigwam Centre's delightful grass labyrinth (you can try it barefoot, if you fancy it!).

Brian says: "The Wigwam Centre is a special and soulful place to retreat. Personally, I love walking its superb grass labyrinth and wandering the grounds. It always does my soul good to come to Riddlesworth; I have little doubt that yours will be restored, too!"

So why not give yourself a break this summer, to breathe deep again and to let the busyness of spring-time yield to a languorous time of communion with God, and nature, and the space of the summer season.

Brian Draper is author of *Labyrinth: Illuminating the Inner Path*, as well as *Spiritual Intelligence: A New Way of Being*, *Less is More: Spirituality for Busy Lives*, and most recently *Soulfulness: Deepening the Mindful Life*. He is an experienced retreat guide, and has guided countless people around labyrinths, and was part of a team that helped to reintroduce labyrinths to mainstream Christian worship in the last few years. Brian is a writer, speaker and broadcaster and often appears on BBC Radio 4's *Thought for the Day*.

To make a booking please either complete the attached booking form, contact Les Crossland at pwtcfl@aol.com or telephone 0208 491 0222.

www.wigwamretreats.co.uk



Wigwam Retreat Centre,
Riddlesworth,
Norfolk IP22 2SZ
Tel 01953 688 303

Personal Wholeness Trust
10 The Broadway
Woodford Green
Essex IG8 0HL

Tel. (020) 8491 0222
Email: pwtcfl@aol.com
www.wigwamretreats.co.uk

Providing professional
counselling services
and spiritual direction

Director: Rev DJ Blackledge
Charity registered in England
No. 1000837

Helping to promote
wholeness within
the community



BOOKING FORM

Summer Stillness A Day Retreat with Brian Draper

at THE WIGWAM RETREAT CENTRE,
RIDDLESWORTH, NORFOLK IP22 2SZ

Tel 01953 688 303

(FOR USE ON RETREAT DAY ONLY)

with BRIAN DRAPER

Wednesday 24 May 2017, 10.00am to 4.00pm

Cost £28 (concessions available to those on a low income)
includes teas, coffees, light lunch

NAME

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ADDRESS

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HOME PHONE NO.

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MOBILE PHONE NO.

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EMAIL

.....

Please state any special dietary needs here:

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I enclose my contribution of £28.00 for the day

**Please make cheques payable to the Personal Wholeness Trust
and send with your booking form to:**

**Les Crossland
10 The Broadway
Woodford Green
Essex IG8 0HL**

**For further information please email Les at pwtcfl@aol.com
or call 0208 491 0222**

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