



AUTUMN SOUL

A Day Retreat with Brian Draper

at BOTHY 5 at
THE WIGWAM RETREAT CENTRE
RIDDLESWORTH, NORFOLK IP22 2SZ

www.briandraper.org

Thursday 24 October 2019,
10.00am to 4.00pm

Cost: £35

(concessions available to those on a low income)



A day to go deeper (including the labyrinth)

Brian's much-loved retreats at the Wigwam Retreat Centre have provided regular seasonal opportunities to pause within our busy schedules, to cultivate a deepening sense of communion with God and to reconnect with the rhythms, seasons and cycles of the year. So we're delighted to welcome him back in October for this autumnal retreat.

Brian writes, "We always have such a mellow and fruitful time at the Wigwam. We'll make space to quieten our chattering minds, to let the Spirit lead and the soul respond. We'll let the silence speak, and we'll explore, very gently, the mysteries of the autumn season, which Parker Palmer describes as 'real and colourful, fruitful and whole'."

He continues, "The grass labyrinth at the Wigwam Centre provides an extra-special dimension to our day. I love it! We'll walk it slowly and prayerfully in the afternoon, and let it take us deeper into the day, and deeper into the mystery and wonder of God's presence, within it all."

Brian Draper is author of *Labyrinth: Illuminating the Inner Path*, as well as *Soulfulness: Deepening the Mindful Life*, *Spiritual Intelligence: A New Way of Being*, and *Less is More: Spirituality for Busy Lives*. As an experienced retreat leader he has guided countless people around labyrinths. He is a writer, speaker and broadcaster, and often appears on BBC Radio 4's *Thought for the Day*.

To make a booking please either complete the attached booking form, contact Les Crossland at pwtcfl@aol.com or telephone 0208 491 0222.

www.wigwamretreats.co.uk



Wigwam Retreat Centre,
Riddlesworth,
Norfolk IP22 2SZ
Tel 01953 681 741

Personal
Wholeness Trust
10 The Broadway
Woodford Green
Essex IG8 0HL

Tel. (020) 8491 0222
Email: pwtcfl@aol.com
www.wigwamretreats.co.uk

Providing professional counselling
services and spiritual direction

Director: Rev DJ Blackledge

Charity registered in England
No. 1000837

Helping to promote
wholeness within the
community



BOOKING FORM

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at BOTHY 5 at THE WIGWAM RETREAT CENTRE,
RIDDLESWORTH, NORFOLK IP22 2SZ

Tel 01953 681 741

(FOR USE ON RETREAT DAY ONLY)

with BRIAN DRAPER

Thursday 24 October 2019, 10.00am to 4.00pm

Cost £35 (concessions available to those on a low income)
includes teas, coffees, light lunch



NAME

ADDRESS

HOME PHONE NO.

MOBILE PHONE NO.

EMAIL

Please state any special dietary needs here:

I enclose my contribution of £35.00 for the day

Please make cheques payable to the Personal Wholeness Trust
and send with your booking form to:

Les Crossland
10 The Broadway
Woodford Green
Essex IG8 0HL

For further information please email Les at pwtcfl@aol.com
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